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Practical Course and Clinical Terms of Service 2021/23

CPD without the stress!

I am excited to introduce the *Joined-Up-Rehab* Clinical Education Series that allows you to access quality Practical CPD locally and on dates chosen by you to work in with the rest of your life.

Having survived years of running a physiotherapy business, alongside a farm, caring for elderly parents, animals and bringing up children I appreciate the cost and challenges practitioners experience in trying to access targeted CPD they need to give them next day competencies to develop their practice. Therefore, having a bit more flexibility I am offering to come to you and deliver the level of practical education many of you have experienced over the years at WERC.

The Way it Works.

Round up a learning group and create an organising committee.

Choose a topic from the table below.

Choose the teaching level for your group.

Choose a suitable venue.

Choose a date/s.

Fill in the application and book your course.

The Group

You can choose as many learners as you want up to the maximum number for the course you want to book. Obviously being a practically based course the fewer learners the more attention per learner but the less people to share the costs.

The Course Topics

Each course has a day itinerary that provides a minimum of 7hrs of CPD. Many of the courses can run consecutively and normally I am happy to run days together. There is a discount for consecutive days.

Please note these are evidence informed practical days and there is no academic award on completion. However, references will be given to direct pre-course reading.

Teaching Level

Courses are marked with the levels available

Entry: Suitable for Body workers, Coaches, Owners.

Development: Suitable for Vets, MSK Practitioners not familiar with the *Joined-up-Rehab* protocol.

Clinical: for Practitioners already familiar with the *Joined-up Rehab* protocol or experienced ACPAT Cat A Physiotherapists.

To get the most out of each course please choose your learning group wisely with the whole group working at a similar level.

The Venue

Your yard and kitchen, the local livery or riding school, the venue is an additional cost and up to you to decide.

This must be a suitable venue with access to horses suitable to practice techniques. I.e. no known horses with poor temperaments, that are known to bite, kick or be dangerous.

A resource list will be supplied for each course which tells you what facilities /resources you need to supply. Also, a risk assessment template which, as organisers it is your responsibility to return before your course is confirmed.

The Dates

I am setting aside a few days per month to deliver these courses. As this is a new venture dates are flexible. I am happy to consider weekdays and weekends to suit your needs.

Complete the application form with your choice of dates.

The Costs (UK).

You control the costs.

The day fee charge (see table below) for UK based courses includes the delivery and electronic notes for the course, travel and accommodation for course leader Jo Paul.

If you book consecutive days, each extra day will cost £1100.

Not included in the fee may be the venue, venue insurance, horses, horse sustenance, handlers and refreshments. It is up to you to decide on a venue, horses and what refreshments you want to supply.

You can decide if you want 1:1 tuition, a smaller group with more individual attention or the maximum number which will make the course more cost effective.

Eg

- One day local course for the max of 10 participants bringing their own lunch, on a free of charge private yard costs as little as £20 per CPD hour per person.
- One day local 1:1 tuition with your own case studies may cost £200 per CPD hour.

It really is up to you to decide!

For overseas courses: Costs on application.

There will be additional Travel costs.

Terms

- Courses will be confirmed on first come first served bases.
- Once an application has been submitted a full course description with resource list, learning outcomes and risk assessment template will be supplied.
- The course is confirmed by WERC when an acceptable venue risk assessment and a deposit of 20% of fees for days booked is returned.
- Full balance of payment of the course fee will be due 14 days before the first day of the course.
- Under exceptional circumstances WERC may need to cancel the course. In this event a full refund of the deposit will be made, or another suitable date acceptable to you is offered.
WERC takes no responsibility for costs incurred by any third party due to the enforced cancellation of this event.
- If the learning committee cancel the course within 1 month of the course, the deposit is nonrefundable. If cancellation is more than 1 month prior to the course date 50% of the deposit will be refunded unless travel costs have been incurred in which case these expenses will be deducted from the refundable 50% before the balance is returned.
- Horses used in case study courses must have veterinary consent. All horse used to practice on need owner consent.
- All learners are expected to dress safely.
- All special requests will be considered but cannot be guaranteed.

Course Leader

Jo Paul started her equestrian career as a rider, trainer and coach competing to 3* level in eventing, point to point and dressage. She completed a study period with Sally Swift becoming a level 3 Centred Riding coach and became a listed BD judge in the early 90's.

Her interest in training the problem horse led her to a career in physiotherapy. Initially Jo was only interested in equine therapy but postgraduate found a fascination for human neuro and MSK concepts which have been used to create a structured, evidence informed protocol

Joined-Up-Rehab which has been clinically verified by Jo's work over the past 30 years within her own practice and the farms of World Horse Welfare.

Jo has lectured worldwide to owners, trainers and MSK Practitioners as a clinician specialising in development of TMM treatment protocols and Equine Rehabilitation.

As an experienced clinical educator Jo leads participants through the maze of clinical reasoning ensuring they gain confidence in the accurate assessment and reasoned progression of therapeutic care plans.

Testimonials from previous courses.

- After spending two incredible days in Sussex with Jo Paul learning about Exercise Prescription for the Equine, I can't recommend this course highly enough. This course is so much more than pole work. It tackles thorough assessment of dysfunctional movement patterns and postures and how to re-educate them clinically using manual therapy and true exercise prescription.
- Excellent content, exactly what I can for- TMM/case studies plus other techniques!! Thank you so much Jo for providing another full inspiring and exciting course.
- Fulfilled everything anticipated from the course, thoroughly enjoyed, great discussion and explanation throughout. I now feel confident applying these new techniques to my own practice and feel I have a more systematic and thorough assessment style to take away.
BRILLIANT!

Course Topics	Days	Online Core Knowledge Courses planned	Level	Pre-requisite	Learners Numbers including organiser	Cost (£) UK
A. Assessment Posture and Gait Assessment	1	YES	Entry	No	15	£1400/day
			Development		10	
			Clinical		10	
B. Assessment Functional Movement Assessment	1	Yes	E	No but advise course A	10	1400/day
			D		10	
			C		10	
C. Manual Therapy Joint and Soft Tissue Mobilization	1	YES	D	No but advise A+B	10	1400/day
			C	No but advise A+B	10	
D. Neuromuscular Movement Pattern Re-habilitation	1	Yes	E	No	10	1400/day
			D	Advise A+B	10	
			C	Advise A+B	10	
E. Therapeutic Handling during Groundwork	1	Yes	All	No but advise pervious courses	9	1400/day
F. Progressing Pole work within a Re-habilitation Program	1	Yes	All	Advise E as a minimum	15	1400/day

G. Case studies	1,2 or 3	No	D	Advise previous course	8	1xday 1400
			C	Previous Joined Up Rehab (JUR) knowledge/course essential		2xday 2500 3day 3600
H. Integrating the Use of the TMM into Clinical Practice	2	Yes	D	A-B essential	6	2xday 2500
			C	A-B or previous JUR essential		
I. Development of the Use of the TMM into Clinical Practice	2	Yes	D	H essential Or previous TMM Knowledge/ course	6	2xday 2500
			C			
J. Case Studies with TMM.	1,2 or 3	No	D	A-F, H+I	8	1Xday 1400
			C	H+I or previous TMM		2x days 2500 3xday 3600

If you would like any more information on booking a practical course or pre-booking an online course please contact Jo Paul : jopaulinwerc@hotmail.com.

Or Send a completed application form for practical courses found below
<https://www.dropbox.com/s/n7oyttqd87th6yw/Application%20form.docx?dl=0>

Clinical Terms

Appointments are made and confirmed by contacting Jo Paul on 07974726359 or email jopaulinwerc@hotmail.com

Please be aware for horses under veterinary care for a specific condition will require a referral for that animal prior to any visit.

Healthy horses registered with a Veterinary Practice can be seen without a Veterinary referral. However please be aware there is a professional responsibility to refer to the Veterinary Surgeon you are registered with if there is a concern regarding your horse's health.

Other than welfare issue above any interaction between our staff and you as a client is strictly confidential.

Please ensure you have a safe covered area for treatment. Please explain at booking time if this is not possible.

Appointment slots are approximately 50mins. If you are late for an appointment, then the time will have to be reduced and your appointment will stop at the time scheduled.

Cancellations

Cancellations are free of charge until 24 hours prior to the confirmed appointment time after which a discretionary full treatment fee will be due.

Missed appointments where the client fails to attend are deemed as cancelled appointments and a full treatment fee plus visit fee is due.

Payments

Payments are due at the time of treatment. Please be prepared to pay by Bank transfer, cheque, or cash. At present card payments are not accepted.

Insurance claims will be supported but the client is due to pay at the time of treatment and reclaim from their insurance policy independently.

New clients will be asked to pay for the first appointment prior to the appointment date.

Clients with a history of late cancellation may be asked to pay at the time booking.

If you wish your appointment to include a ridden assessment, please allow extra time for your appointment. There may also be an additional fee which will be charge at £75 per hour.

Appointments that are stopped short for any reason will be charged at an hourly rate of £75 per hour pro rata.

One insurance report each case is included in the base treatment fee. However, ongoing correspondence or court appearances will be charge at £100 per hour pro rata.

Joined-up-rehab